Overland Kailash Manasarovar Yatra-14D/13N

(From Kathmandu to Kathmandu-2026)

We drive from Kathmandu to Kyirong via Syabrubesi. It is a very scenic drive with beautiful landscapes and close view of Ganesh Himal. Next halt will be at Saga before reaching Manasarovar, the most beautiful and peaceful place incomparable to rest of the places on this planet. Drive from Kerung to Manasarovar offers you different type of landscapes in Tibet, which is also called the roof of the world.

We take "parikrama" (circumambulation) of Manasarovar by coach and of Mt. Kailash on foot. Hindus believe that a ritual bath in the sacred Manasarovar delivers a pilgrim to Brahma's paradise, a drink of its waters relinquishes the sins of hundred lifetimes and a single circumambulation (Kora) of Mt, Kailash wipes out the sins of a lifetime. The journey is indeed a rare opportunity and privilege for devotees who have been dreaming to be close to the home of the Gods.

Tour Information

Tour Code No.:	KKM-14
Duration:	14 Days
Tour starts from:	Kathmandu
Tour ends at:	Kathmandu
Mode of transportation in Nepal:	By Coach
Mode of transportation in Tibet:	By Coach
Recommended months to travel:	June, July, Aug & September
Maximum altitude:	5650mt / 18532ft

Detailed itinerary:

Day	Detailed itinerary	Altitude / Distance	Overnight
01	**Arrive Kathmandu** Upon arrival at Kathmandu airport, you will be met and transferred to hotel. Rest of the day free. **Meal: Dinner**	1400mt / 4592ft	4-Star Hotel in Kathmandu
02	**Kathmandu Sightseeing** After breakfast, visit Pashupatinath and Jal Narayan (Budhanilkantha). After lunch – **Detailed briefing on Kailash Manasarovar Yatra.** Rest of the day free for preparation. **Meals: Breakfast, Lunch & Dinner**	1400mt / 4592ft	4-Star Hotel in Kathmandu
03	**Drive from Kathmandu to Syabrubesi** Early morning drive from Kathmandu to Syabrubesi. Lunch on the way. **Meals: Breakfast, Lunch & Dinner**	145 Km. Drive: 8 to 9 hrs. 1420mt / 4658 ft	Hotel in Syabrubesi
04	**Drive from Syabrubesi to Kyirong** After breakfast, cross China border by driving and arrive Kyirong. After completion of custom formalities drive further to Kyirong. **Meals: Breakfast, Lunch & Dinner**	37 Km. Drive: 2 hrs., 3500mt / 11480ft	Hotel at Kyirong
05	**Drive from Kyirong to Saga** Drive from Kyirong to Saga. **Meals: Breakfast, Lunch & Dinner**	Saga 140 km. Drive: 4 hrs. 4290mt / 14075ft	Hotel in Saga
06	**Acclimatization at Saga** It is very essential to stay at Saga for getting acclimatized before going ahead to high altitude. **Meals: Breakfast, Lunch & Dinner**	Saga: 4290mt / 14075ft	Hotel at Saga
07	**Drive from Saga to Manasarovar** Today drive to Manasarovar via Prayang and Mayum La Pass (5200 m) and arrive at Chu Gompa taking parikrama of Lake Manasarovar by driving. Lunch on the way. Today is the day of a lifetime experience as you will have the first sight of Mt. Kailash and Holy Lake Manasarovar. Take a dip in the Lake. **Note**: Yatris who wish to hire horses and porters for Mt. Kailash parikrama should confirm with our guide so that he can make necessary arrangements before starting the parikrama. **Meals: Breakfast, Lunch & Dinner**	Saga / Manasarovar 536 km. Dongba / Manasarovar 371 km Drive: 7 hrs. 4550mt/14925ft	Guest House in Manasarovar
08	**Drive to Darchen** In the morning, perform pooja, homa, and other rituals etc. After lunch drive to Darchen. Stay at hotel. **Meals: Breakfast, Lunch & Dinner**	36 km. Drive: 1 hr. 4620mt /15155 ft	Hotel at Darchen
09	**1st Day of Parikrama to Diraphuk.** Drive to Sersang Valley 8 km and start parikrama (Kora) of Kailash on foot. Arrive at Diraphuk. Yatris who are not going for Mt Kailash Parikrama will stay at Darchen until those people doing Parikrama return back **Meals: Breakfast, Lunch & Dinner**	9 Km, Walk: 6 to 8 hrs. 5000 mt / 16404 ft	Guest House in Diraphuk
10	**2nd Day of Parikrama to Zuthulphuk** Today is the toughest and longest day of this journey. You must wake up and start your journey for the next destination at around 4-5 AM with light food. Right from the beginning till the pass you have to go up hill (at least 4 hours). However in between, there are flat portion of the trail.	Alt: Dolma La pass 5650mt / 18532ft Zuthulphuk 4780mt /	Guest House in Zuthulphuk

	After reaching Dolma pass, the trail descends to other side of mountain via Gauri Kunda (also called Parvati Kunda). It is believed that the consort of Lord Shiva, Parvati, takes bath here. The trail further down from here is rocky. So, you need to be very careful while descending. After reaching down to the valley base (other side), the trail becomes wider and flatter. You will walk for another 6 hours or so to reach Zuthulphuk. **Meals: Breakfast, Lunch & Dinner**	15700ft Dist.: 23 km Walk: 10 to 12 hrs.	
11	**3rd Day of Parikrama. Drive to Saga** End parikrama and drive to Darchen. Upon reaching, pick-up other group members and drive to Saga. **Meals: Breakfast, Lunch & Dinner**	6 Km, Walk: 3 to 4 hrs. and drive to Saga. 554 km. 9 hrs. 4290mt / 14075ft	Hotel in Saga
12	**Drive to Kyirong** After breakfast drive to Kyirong having been blessed by Lord Shiva with experience of a lifetime. **Meals: Breakfast, Lunch & Dinner**	140 km Drive: 6 hrs. 3500mt / 11480ft	Hotel in Kyirong
13	**Drive to Kathmandu** From Kyirong you drive back by crossing the friendship bridge at Nepal-Tibet border. After completing custom formalities, you drive to Kathmandu. **Meals: Breakfast, Lunch & Dinner**	204 Km. Drive: 8-9 hrs. 1400mt / 4592ft	4 Star Hotel in Kathmandu
14	**Depart Kathmandu** After breakfast check out from the hotel and transfer to Kathmandu Airport to connect flight for onward journey. **Meals: Breakfast**		Tour Concludes

Note: Above itinerary is subject to change under unfavorable weather conditions and unavoidable circumstances. In this hilly terrain, the weather conditions change very often and is unpredictable. Any cost incurred due to change in the itinerary must be paid extra by the customer

Cost for extra days stay will be charged @ INR 3,000/- for Indian per night on twin/double/triple bedroom sharing basis and extra INR 2,000/- for taking single room with all meals.

Fixed Overland Kailash Manasarovar Yatra in 2026

Departure Dates

2026	Kathmandu Departure dates
June	5th, **23rd (Full Moon Day),**
July	6th, 12th, 21st, **23rd (Full moon Day)** , 27th
Aug	3rd, 18th, **21st (Full Moon Day),** 26th
Sept	7th,9th,15th, **20th (Full Moon Day)**

Note: Above schedule is subject to change for the reasons beyond our control.

***Indicates tour leaving for full moon day.**

Pricing (For Indian Passport Holders)

Category	Adult on Twin		Adult on Triple		Single Adult in a room	
June to Sep	~~₹2,78,960~~	₹2,73,490	~~₹2,77,960~~	₹2,72,490	~~₹2,83,960~~	₹2,78,490

Note : 5% GST + 2% TCS will be Extra

Inclusions:

- Arrival, departure transfers and sightseeing tour in Kathmandu.
- Accommodation on twin/double/triple bed sharing basis as per the above itinerary.
- Accommodation in the hotel/guesthouse as per the itinerary.
- All vegetarian meals throughout the tour
- All transfers and sightseeing with English speaking
- Complimentary Duffle bag (big bag for keeping personal clothes and equipment)
- Complimentary Backpack
- Warm jacket (on returnable condition).
- Experienced tour leader / coordinator and assistant with each group.
- Tibet visa fee and permit fee for Kailash and Manasarovar.
- Porterage for carrying duffel bag across the border at Kerung (Nepal & Tibet) only.
- During "parikrama" of Mt. Kailash, Yaks and Yak-men will be used to carry food and utensils
- On the tour Oxygen cylinder, Pulse and Oximeter and Basic First-Aid box will be available
- Certificate on completion of the tour.

Exclusions:

- Extra cost of accommodation and meals at any place for staying more night/s than specified in the program for any reasons whatsoever.
- Extra cost of transportation, porterage etc. involved due landslides, snowfall, political and natural disturbances and any other unforeseen conditions. (to be paid on the spot)
- Expenses of personal nature such as insurance, beverage, telephone calls, tips etc.
- Charges of pony and porter if required to for Kailash "parikrama" and porter to carry personal belongings.
- Personal porter wherever required.
- Any other cost not mentioned as included.

Payment Terms:

Minimum Booking Amount	INR 25000/- per person
55 Days prior from the departure	75% of package cost
30 Days prior from the departure	100% of package cost

Cancellation Terms:

Cancellation of Confirmed Booking
25% of the package cost will be charged as cancellation fee if cancelled before 30 clear days of the departure
30% of the package cost will be charged as cancellation fee if cancelled before 20 clear days of the departure
50% of the package cost will be charged as cancellation fee if cancelled before 15 clear days of the departure
75% of the package cost will be charged as cancellation fee if cancelled before 10 clear days of the departure
No refund will be given if cancelled before 9 days of the departure or no show

Note: After the commencement of the tour, if any participant cancels the trip due sickness or for any reasons whatsoever, there will not be any refund at all and hence, cannot be adjusted with any service provided from the point of cancelling the trip. All the extra expenses involved in surface/air transportation, accommodation, treatment etc. should be borne by the concerned participant or by the next of kin of the participant.

Important Information: Guidelines to follow before leaving home for Kaliash Manasarovar Yatra 2026

1. At the time of booking must submit clear scanned copy of Tour Booking Form duly signed by each traveler / Yatri. The form will be shared by Southern Travels executive separately
2. At the time of booking, submit clear scanned self-attested copies of passport in JPEG format. (please ensure that your passport is valid for at least 06 months from the date of entry into China for yatra).
3. All Kailash Manasarovar Yatra participants are requested to have medical check-up by doctor and obtain fitness certificate and submit it to us at the time of briefing. Though it is not mandatory, but we advise to do so for your own safety and insurance claim in the event of medical treatment if required, trip cancellation for beyond the reasons beyond your control etc. The template of Medical Fitness Certificate along with the Tour Booking Form.

4. Please check and make sure that you are carrying all the necessary medicines recommended by your doctor for the trip. Medicines to carry for motion sickness, necessary antibiotics, diarrhea, body aches, fever, vomiting, common cold & personally followed medicines
5. Suggestions on things to carry: While driving to Kailash, it will be warm inside the vehicle but very cold outside. Mornings and evenings will be generally cold and warm clothing will be required. Temperature varies from 00 C to - 240 C. Cold wind blows at the speed of 50 to 60 Km per hour at some places. We recommend that you bring the following clothing and accessories with you. Please note – all the items and number of pieces recommended in the list are not mandatory. As such, you may decide the items and pieces as per your choice and need. However, you should not forget to bring warm clothes and rain gear. We are providing wind-proof warm jacket (on returnable condition), backpack and duffle bag.
    - Carry Passport size photograph for Chinese visa & permit applications
    - Warm Comfortable trekking boots / Good well worn-in walking shoes
    - Wool shirts
    - Cotton shirts
    - Regular underwear and Thermal underwear
    - Skirts/trousers for women
    - Trousers/shorts for men
    - Wind and rain gear with hood
    - Wool hat/mittens/gloves
    - Sun hat
    - Wool and cotton socks
    - Sweaters
    - Towel
    - Track suit
    - Sleeping clothes
    - Personal first-aid
    - Toilet kit
    - Flashlight/torch with extra batteries
    - Camera
    - Sunglasses
    - Water bottle
    - Swimsuit (for use before and after Tibet trip)
    - Plastic bags for reading material, film, cameras, etc.
    - Sunscreen cream and lip balm
6. Carry Pooja Samagri / Worship items (optional): Camphor, Samidha (for havan), Kumkum, Wicks dipped in ghee, pooja bell, prayer book, incense sticks, bel patra, rice, moil (red thread), small diya, etc. Pooja Samagri are also available in Nepalgunj and Kathmandu.
7. Please make sure that you do not leave home without your passport.
8. Please bring supplementary food/snacks like dry nuts, dry fruits, biscuits of your choice, chocolates, chewing-gum etc for yourself or friends.
9. To protect against unforeseen circumstances, we advise you to take a trip cancellation and medical insurance policy in your home country. The policy should also include coverage of transportation cost in the event of helicopter evacuation being required. We regret, such policies are not available in Nepal. Make sure that you bring the copy of insurance documents along with you for our record and reference.
10. Please make sure that you have water bottle, camera, flashlight (torch), light jacket, passport, medicine etc. to put in the backpack provided by us. It will be carried by yourself throughout the tour.
11. You may change Indian rupees to Nepalese rupees in Nepalgunj, Kathmandu and also at the border. You can check the exchange rate at present is – Indian rupee (INR) 1.00 = Nepalese rupees (NPR) 1.60, Yuan 1.00 = INR 12.00 (approx.). You can also check online as the rate may fluctuate.
12. As per new rule of Indian Government, one can carry 500.00 rupees notes while travelling to Nepal, but it is limited to INR 25000.00 per person. More than this amount should be in lower denominations. Credit card is acceptable in Nepalgunj and Kathmandu but not elsewhere in Nepal and on Kailash Manasarovar Yatra in Tibet.
13. Please do NOT miss the briefing. This is very important that you participate in the briefing meeting and ask any question related to your trip. Please confirm the time of briefing with our officials.

14. We will provide one duffle bag and one backpack to each participant free of cost. So, you do not need to bring these items. Size of the duffle bag is Length 85 Cm; Width 35 Cm; Height 35 Cm, backpack Length 30 Cm; Width 20 Cm; Height 45 CM. We also provide jacket on returnable condition. You may take our duffle and backpack home as a souvenir if you wish.
15. You may bring suite case, but it is not recommended on the tour. You may store it in the hotel free of cost.
16. For any help or assistance, please do not hesitate to contact our staff.
17. Jurisdiction: Place of Arbitration and for all claims, disputes of whatsoever nature relating to the tours operated, marketed I coordinated by Southern Travels Pvt. Ltd. the courts in Delhi will have exclusive jurisdiction in the event of any differential dispute arising between the company and the customer.